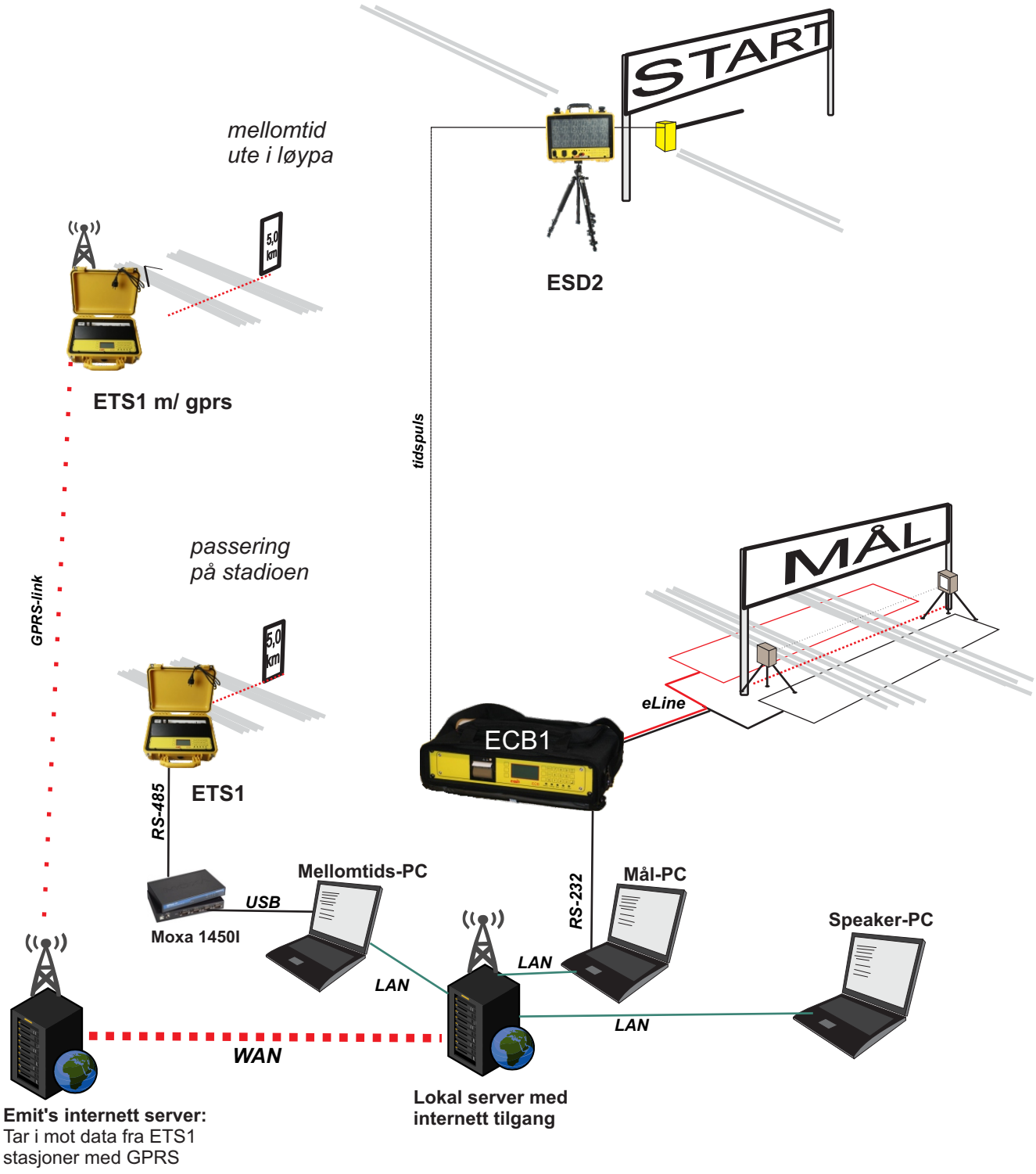emiTag
langrenn, avansert